

1. Who Am I?

- a. We as Christians receive our identity from God.
 - i. Genesis 1: "In His image and His likeness He made them", "They were very good".
 - ii. Genesis 2: We exist by the "breath of life" straight from God, we have a God who gives us the desires of our hearts, we are made for relationships with God and one another.
- b. Sin enters in.
 - i. Our identity becomes more obfuscated.
 1. Genesis 3: We doubt, we forget the words of the Father, we fall into the traps of lies about who we are and who God is.
 - ii. Humanity experiences this in real time...
 1. We begin to glean our identity from those we encounter.
 - i. For good or for ill; we are either built up or wounded by words and actions.
 1. Family, Friends, Boyfriends, Girlfriends, Spouses, Teachers, Peers, Co-workers, Society etc.
 2. When was your most embarrassing moment?
 3. When have you felt deeply loved and known?
 - iii. It can become difficult to know who we are and our own worth.
 1. We fall into the traps of Satan again.
 - a. We think we are lacking in our own person.
 - b. We look for and desire what we believe we don't have.
 - c. We don't see the good that is inherent to ourselves.
- c. How are we healed, how do we relearn our identity?
 - a. Words- Straight from God
 - i. Isaiah 40:2 Speak tenderly to Jerusalem, and proclaim to her that her hard service has been completed, that her sin has been paid for, that she has received from the Lord's hand double for all her sins.
 1. Song of Songs- "How lovely you are" The Passion Translation
 - b. Actions-Participation in the Mass, reception of the Eucharist
 - i. We learn that we are worthy of being sacrificed for.

2. Hearing God's Voice- Reclaiming Our Identity

- a. Who are we listening to?
 - i. Is it possible to hear God's voice?
 1. 67% of U.S. adults believe God speaks directly to humans, 29% say that they have heard God speak to them.
 2. 77% of Catholic believe God can speak directly to humans, 23% have experienced it.
 - ii. Experience with Inner Healing Prayer
 1. People hear the lies more readily than the Truth
 2. People are more inclined to believe that they can hear the Father of lies, than they can really hear God's voice.
 3. Reality is... the sheep know the shepherd's voice.
- b. Exercise in knowing our own identity and building up the identity of others.
 - i. Honest self- appraisalment
 1. How easy is it to speak of the gifts and beautiful traits of another person?

2. How easy is it to identify my own?
 - a. Humility requires that we acknowledge what God does in us and through us. Denial of His work in us does not honor Him.
- ii. We have to be willing to sit and ask two questions:
 1. Who am I to you Father/Jesus/ Holy Spirit?
 2. How do you see _____?
 - a. Why is this important?
 - i. What happens if the Body of Christ is operating with one arm and two fingers?
 1. If we do not know who we are we do not know what our mission is.
 2. Story of Simon to Peter -Matthew 16: 13
 - a. We must go to the source of Truth, and receive a new name and new mission.
- iii. New means and manners of prayer
 1. Seeing, Feeling, Hearing, Knowing
 - a. Exercise